

Have More, Do More, See More with EyeHealth LASIK



Your Next Step.
Call Us.



Westside

Sonal Dave, MD: 503 973-1693
Kerry Hagen, MD: 503 973-1676



Eastside

Shane Kim, MD
Jonathan Kemp, MD
Jordon Lubahn, MD
Roger Saulson, MD
James Waldman, MD
503 261-7262



Clackamas County

Scott Grealish, MD
503 557-4775

 **EyeHealth**
NORTHWEST
EyeHealthLASIK.com



Watch Us On

YouTube

LASIK



Have More

Do More

See More

with EyeHealth LASIK

 **EyeHealth**
NORTHWEST
EyeHealthLASIK.com

Are You A Candidate?

EyeHealth LASIK

Our Surgeons

Learn More

FAQ's

Welcome to EyeHealth LASIK

EyeHealth Northwest is a team of highly skilled dedicated eye care specialists and Board-Certified LASIK Surgeons. As you consider your decision to have Laser Vision Correction, this booklet will answer many of your questions about our signature LASIK and all-inclusive services EyeHealth Northwest provides.

We know that when it comes to your eyes, you expect excellence in surgery. We welcome you to visit our clinic for a consultation to find out what EyeHealth Northwest & Laser Vision Correction can do for you.

Our Promise to You

Our promise is to give you accurate information to confidently make this life-enhancing choice. Our commitment is to your total vision health, every-step-of-the-way (*not just surgery*). These are your eyes and who you trust with your precious vision matters!

Pre-operative Consultation

Our surgeons personally conduct a detailed examination to determine your suitability and readiness for laser eye surgery before performing your surgery.

Counseling and Advice

A trained, certified patient counselor will assist you throughout your entire experience.

Board Certified LASIK Surgeons

One main reason people choose EyeHealth NW is our highly skilled, experienced and dedicated surgeons. Our ophthalmologists are board-certified and specialized in the field of refractive surgery.

Investment in Technology

We invest in leading edge technology including the Visx Star S4 IR laser because it has proven to provide Safe, Accurate and Precise results.

Post-Operative Care

Our surgeons will monitor and care for you throughout your post-operative appointments.

Easy Payment Options

EyeHealth Northwest can help you manage your cost of surgery through our partnership with Care Credit. Care Credit offers interest-free financing payment plans up to 24 months helping make laser vision correction more affordable. We don't want finances to be an obstacle between you and vision freedom.

**flexible spending, insurance discounts may also apply.*



"This is the best investment! After spending years in glasses and contact lens, I can't believe I waited so long." —T.G.

Are You A Candidate?

- ✓ You must be 21 or older.
- ✓ Require glasses or contact lens for clear vision. Astigmatism is ok.
- ✓ Overall good general health and not suffering from certain active eye diseases.
- ✓ Stable vision over the year before surgery.
- ✓ Not pregnant, nursing or anticipate pregnancy 3 months before or after surgery.

We welcome you to visit our clinic for a consultation to personally discuss your options.

Call Us At 503.525.2737

Convenient locations on the Westside, Eastside and Clackamas County

EyeHealth LASIK

When considering laser vision correction eye surgery, most patients want the quickest recovery. However, our surgeons are going to consider your safety and quality of vision first and recommend what is best for your long term eye health.

VISX S4IR™

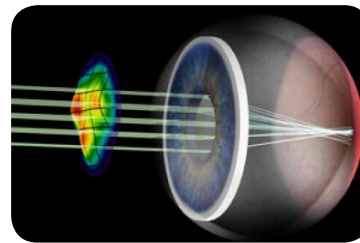


The VISX excimer laser used in refractive surgery is a gentle, cool beam laser that reshapes the cornea at the front of the eye. This laser currently treats over 60% of patients in the US. The 3-D eye tracker works by guiding the beam as it moves over the cornea, ensuring the laser treats only the section of the cornea that requires reshaping. The 3-D eye tracker also ensures that even if your eye moves, the laser beam tracks the movement thus enabling

a safe and precise treatment. It is proven to deliver *SAFE*, *ACCURATE*, and *PRECISE* results.

Advanced CustomVue WaveFront™

WaveFront™ laser vision correction is an advanced form of excimer laser technology. Just like a fingerprint, each person's vision is unique. Before the recent advances in laser technology,



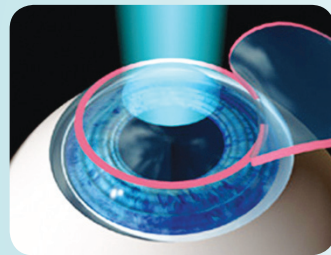
surgeons would perform LASIK and PRK using standard measurements to correct vision and achieve excellent results. Now with the *WaveFront™* technology, surgeons can measure and correct the unique imperfections of each individual's vision in

order to provide them with the potential to experience better vision than they had with glasses or contact lenses. This technology was originally developed for use in high-powered telescopes to reduce distortions when viewing distant objects in space. Now surgeons can identify, measure, and correct imperfections in the eye 25 times more precisely than with conventional methods used for glasses and contact lenses.

Safety and Accuracy

CustomVue WaveFront™ uses Iris Registration technology takes safety and accuracy to the highest level. Twenty-four unique reference points in your eye are identified by the *WaveScan™*, automatically transferred to the laser, and matched to your eye. The laser will compensate for any alterations in pupil size or eye position, ensuring optimum precision of treatment. LASIK and PRK can be performed using the WaveFront™ laser technology.

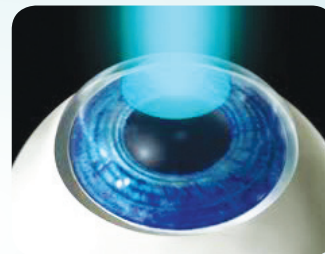
Treatment Options



Custom LASIK

During LASIK, a flap of corneal tissue is created. This flap is lifted, then folded back, revealing the mid-layers of corneal tissue. The laser is applied. After the laser reshapes

the cornea, the tissue is positioned back into place, where it bonds quickly. LASIK requires no needles and no stitches. Most patients return to work in 1-2 days.



Custom PRK

During Custom PRK, the laser reshapes the top surface of the cornea after the outer layer of epithelial cells are removed, a completely painless procedure. A bandage contact lens is placed on the eye for comfort during surface re-healing. New layers of epithelial cells re-grow and

heal over the treated area usually in three to five days. Most patients return to work in 4-5 days following surgery.

We may recommend Custom PRK if you have:

Thin corneas, dry eyes, occupation/activities with risk of eye injury or preference for flapless correction.

What Motivates You?

Improving your vision truly means improving your lifestyle. Before having laser vision correction, many of our patients could not imagine a day without their glasses or contact lenses. Now they wake up in the morning and read the alarm clock, recognize friends on the street, or go swimming without contact lenses.

After years of dependence on glasses and contact lenses, thanks to laser vision correction they now enjoy real visual freedom. The most common response we get from patients after the procedure is, "I wish I'd done this years ago!" After years of inconvenience, 30 seconds can change your life.

What's Your Reason for Choosing LASIK?

- ✓ **Convenience:**
Wake up to see your alarm clock.
- ✓ **Freedom:**
Go swimming, hike or camping without contact lens.
- ✓ **Personal Safety:**
No more fear of losing your contact lens or breaking your glasses.
- ✓ **All of the above**

Who You Choose Matters.

**We Know that When it Comes to Your Eyes,
You Expect Excellence in Surgery.**

No Shortcuts No Compromises GREAT RESULTS!

There is a difference in who you choose. With so many options, a retail experience for your new vision may not be your best value. Compared to retail LASIK chains, EyeHealth's unsurpassed medical care and comprehensive service with established LASIK surgeons continues to be an exceptional value, fairly priced.

Our Accomplished Surgeons

- ✓ **Board Certified**
- ✓ **Refractive Surgery Specialists**

From the start, our surgeons personally provide the highest quality, comprehensive care: *one to one as you consider your surgery options.* Our surgeons consistently deliver unmatched LASIK results in the safest manner possible. Throughout your LASIK journey, beginning with your first consultation to your final post-operative visit, our surgeons choose to care for patients every-step-of-the-way. It's a partnership of dedication and surgical excellence helping patients rediscover life without glasses or contact lens.



EyeHealth Northwest Board Certified Surgeons from left to right: James R. Waldman, Jordon G. Lubahn, Shane K. Kim, Kerry B. Hagen, Roger M. Saulson, Jonathan R. Kemp, Sonal Davé, and Scott Grealish.

FAQ's

During your consultation, you will have the opportunity to spend ample time with your surgeon and counselor who can provide you with all the information you need to make an informed decision regarding your treatment. These are some of the more frequently asked questions from previous patients.

Q: Who is a candidate for laser vision correction?

A: At EyeHealth you will undergo a thorough pre-operative exam to determine if you are a good candidate. Our surgeons will not perform laser vision correction on a patient unless they believe they can achieve the patient's desired outcome. Stable vision and healthy corneas are critical. You must be 21 or older. You must require glasses or contact lens for clear vision. Astigmatism is ok. You should be in good general health and no active inflammatory disease. Your prescription must be stable over the year before surgery. You must not be pregnant or nursing or anticipate pregnancy 3 months or before or after surgery.

Q: How can I be confident that I won't have any complications following the procedure?

A: No one can guarantee perfect results. However, we always put safety first. You are carefully evaluated by our surgeons before your surgery and give specific instructions on how to prepare. EyeHealth is conservative when we qualify you for the procedure. *YOU* can be confident you are a good candidate for laser vision correction if you follow your pre and post-operative instructions you should achieve great results.

Q: Is Laser Vision Correction safe?

A: Yes. However, all laser treatments are classed as surgical procedures and as such carry some degree of risk, although minimal. As a medical procedure, laser eye surgery has a very low complication rate—less than 1%. The vast majority of these complications are minor. Laser Vision Correction has undergone extensive scrutiny from public health agencies and the medical health profession. After more than a decade of research, complications significantly affecting vision are extremely rare. Your EyeHealth Northwest surgeon will discuss any potential complications with you.

Q: Are all lasers the same?

A: No. Unlike other laser providers, EyeHealth Northwest uses only the most technologically advanced laser, the VISX S4IR™, delivering the safest and most precise results.

Q: Will I need glasses again?

A: LASIK and PRK are considered to be permanent procedures. Laser vision correction will not change the normal aging process of the eye called "*Presbyopia*" a condition causing the eventual need for reading glasses.



"I cannot thank EyeHealth Northwest enough for the remarkable difference they made in my life." —K.G.

Q: Does insurance pay for laser vision correction?

A: Currently, there are insurances that offer discounts for vision correction. Call your insurance company or talk with one of our laser vision coordinators to see if your insurance offers discounts. Flexible spending is also another way to financially plan for EyeHealth LASIK.

Q: Is financing available?

A: There are several different financing options available to our patients, including 0% interest plans up to 24 months. Our laser vision coordinators can review the choices with you to find what best suits your needs. Visit our website: EyeHealthLASIK.com/Financing for more information.

Q: What will I be able to see the next day?

A: Most patients notice an immediate improvement in their vision and can resume their normal daily activities, including driving and exercising. Most patients will notice continued improvement in their vision over the next 7-14 days.

Q: How long does laser vision correction surgery take?

A: The surgery for both eyes takes approx 30-40 minutes. You will be at our EyeHealth Laser Center for less than 90 minutes. Post-Operative visits are scheduled at your normal clinic location. Patients are typically seen 1-day, 1-week, 1-month, 3-month, 6-9 month.

FAQ's Continued

Q: When will I be able to drive and be able to work?

A: Most patients can resume their normal activities, including work, the next day after surgery. During your consult, your EyeHealth laser vision coordinator will advise you what can be expected based on your type of work and procedure selection.

Q: Do I need to leave my contact lenses out prior to treatment?

A: Yes. Depending on the type of lenses you wear, you will need to leave them out and wear glasses prior to treatment. Contact lenses may distort the cornea and lead to inaccurate measurements and treatments.

**Contact your coordinator for your recommendation.*

Q: Will I experience discomfort during or after treatment?

A: We use anesthetic eye drops that completely numb your eye so you remain comfortable throughout the procedure. After LASIK treatment, patients may feel some grittiness, light sensitivity and watering for a short while. With PRK treatment, you may feel some mild discomfort after the treatment, potentially in the first 24-48 hours.

"My surgeon was awesome—he always answered any questions I had. He made the surgery really easy and painless, talking to me the whole time, explaining each section as he went." —B.P.



"EyeHealth Northwest turned a coke-bottle glasses bumpkin into a contemporary city slicker with 20/15 (really good!)" —D.J.G.

Q: What if I close or move my eye during my treatment?

A: Drops are used to eliminate the blink reflex, and an eyelid holder keeps your eye open. There is a very sophisticated eye tracker which follows your eye as it moves during your treatment. If your eye moves out of line, the laser tracks the slightest of movements and stops pulsing.

Q: How much can I expect my vision to improve?

A: 99% of patients are getting 20/20 or better. This not a guarantee of your personal result, you should be wary of 20/20 guarantees or lifetime enhancements.

Q: Who performs my surgery and why is it important?

A: Experience counts. Your EyeHealth LASIK surgeon personally performs your initial consultation, your surgery and all post-operative care. When advising patients on their best options for Lasik surgery, they use their experience to guide you to the safest choice for your eyes even if that means continuing your glasses or contact lenses. Whatever your situation, you can be sure that our unique combination of eye care services ranging from routine check-ups for glasses to the most complicated surgical procedures will meet your needs. Our professional staff will greet you with a smile and treat you with courtesy and personal care throughout your visit. Our doctors have chosen to be community based specialists because they enjoy working closely with patients and developing long-term relationships.